

Oslo's protected green spaces and tourism: a possible co-existence?

Experiences from Viking Biking & Viking Hiking
Curtis Rojak
Founder & Managing Director



GUIDED BIKE TOURS



Viking Biking

30% DISCOUNT WITH OSLO PASS

**Oslo Highlights: Daily 14:00 (2pm)
18th March to 31st Oct**

Our most popular tour! Bike along car-free paths, parks, hidden back streets, and the famous fjord. See the medieval castle, Royal Palace, and renowned Vigeland sculpture park. Approximately 3 hours long. Suitable for all ages and abilities.



210 kr- children ages 1-12 / 275 kr- Oslo Pass Discount / 315 kr- Youth & Student / 395 kr- Adult

**Oslo Off The Beaten Path:
Daily at 10:00 (June-Aug)
Fri-Sat-Sun at 10:00 (May & September)**

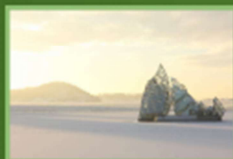
Discover an alternative Oslo, full of street art, hip cafés, surprising waterfalls, great food and award winning coffee as we ride from the Opera House to the Grünerløkka neighborhood along the peaceful car-free Akerseiva River path. Approximately 3 hours long.



210 kr- children ages 1-12 / 275 kr- Oslo Pass Discount / 315 kr- Youth & Student / 395 kr- Adult

**Oslo Winter Highlights
Mon-Sat at 12:00 (Nov 1 -Mar 16)**

For experienced riders only: This unique bike journey combines Oslo's must see stops, a cozy coffee/lunch break, and an unforgettable winter experience all within a 3-hour tour. We provide the spiked tires, you bring the excitement.



370 kr- Oslo Pass Discount / 400 kr- Student ages 16-25 / 470 kr- Adult

QUALITY BIKE RENTALS

OVER 150 BIKES FOR RENT!



Viking Biking

City Bikes

Norwegian brand DBS bikes with 9 gears, comfort seats, hydraulic disk brakes and reinforced basket. Perfect for exploring the city or coastline. Includes optional helmet and lock. No deposit required!

Daily (9:30-18:00): child seat or child bike 125 kroner / Youth & Student 140 kr- / Adult 175 kr

24 Hours: child seat or child bike 125 kroner / Youth & Student 175 kr- / Adult 200 kr

Multiple Days: discounts available; please contact us



Hybrid Sport Bikes & Mountain Bikes

Popular Merida bikes with 27 gears, hydraulic disk brakes and reinforced back racks. Good for rides in the hilly Oslo forest or long distance tours around Norway. All rentals include optional helmet and lock. No deposit required!

Daily (9:30-18:00): child seat or child bike 125 kroner / Youth & Student 200 kr- / Adult 240 kr

24 Hours: child seat or child bike 125 kroner / Youth & Student 240 kr- / Adult 295 kr

Multiple Days: discounts available; please contact us

OSLO NATURE WALKS



Viking Hiking

OSLO NATURE WALKS

**Island Hopping: Daily at 12:00
1st of June - Late Aug**

Explore three of the city's best preserved islands and discover sites that vary from a 900 year old abbey to a small summer seaside village to hidden beaches and sea cliffs. There is time for a picnic and a swim.



Oslo Pass: 230 kr- / Youth / Students ages 12-25: 240 kr- / Adults 300 kr- This tour uses the public transport system and tickets are not included in the price of the tour. Tickets are available for purchase in the the Viking Hiking shop.

**Forest to Fjord: Friday & Saturday at 12:00
Late-June to Late Aug**

Experience Europe's largest urban forest, with views high above the city. Discover pristine lakes, traditional wooden cabins and enough berries to last an entire vacation. There is time for a picnic and a swim. Please wear good walking shoes or hiking boots.



Oslo Pass: 230 kr- / Youth / Students ages 12-25: 240 kr- / Adults 300 kr- This tour uses the public transport system and tickets are not included in the price of the tour. Tickets are available for purchase in the the Viking Hiking shop.

Thanks to our network of partners, Oslo Active Tours can arrange nearly any type of outdoor tour, such as:

- Kayaking
- City Walks
- Food Tours

- Segway
- Winter Activities
- And much more...



Ut på tur aldri sur...



Marka vs. Kysten

- Two different high seasons
- What we need to protect: nature, local landscapes, legal access, local business
- How these needs can be contradictory



Mass tourism in Osloomarka?

