

NMBU NEXT: Career Development and Opportunities beyond PhD – Programme

The Department of Research and Innovation at NMBU is excited to announce a week dedicated to career development and future opportunities, specifically designed for PhD candidates, and early-career researchers. From May 19-23, **NMBU Next** will offer a range of engaging activities to support your academic and professional growth. The program includes lectures and workshops, inspirational talks, and networking opportunities aimed at providing practical tools for advancing your research career.

Whether you're interested in exploring career paths, enhancing your academic profile, or developing transferable skills, NMBU Next will offer valuable insights and opportunities to connect with peers, experts, and representatives from leading organizations and companies.

We encourage you to attend all of the events throughout the week to get the most out of this unique opportunity. More details about the program is available on the NMBU Next website: [NMBU Next: Career development and opportunities beyond PhD | NMBU](#). Here's an overview of the scheduled events:

Monday, 19 May

Opening of NMBU Next Career Week

Time: 13:00-15:00

Location: Gullvepsen (Bikuben), Campus Ås

Join us as we kick off **NMBU Next** – Career Week for PhD candidates and early-career researchers! This opening session will feature an inspiring keynote by Kjartan Almanning, Director of Public Policy at Abelia, who will discuss key trends in the Norwegian and international job markets, future skill demands, and how PhD graduates and early-career researchers can contribute to an evolving workforce.

Panel Discussion: Collaboration Between Academia and Industry

Following the keynote, we invite you to a panel discussion with representatives from both academia and industry. The panel will address the evolving job market, the growing demand for research-based expertise, and how early-career researchers can best position themselves for future opportunities. The discussion will be led by Professor Gaute Einevoll from NMBU.

Panel Participants:

- **Finn-Arne Weltzien**, Prorector for Research and Innovation, NMBU
- **Delphine Costa**, CEO, The Life Science Cluster Norway
- **Kjartan Almanning**, Director of Public Policy, Abelia
- **Anne Cathrine Wist**, VP, Research & Development, TINE
- **Dagfinn Myhre**, VP, Head of Portfolio Management & Communications, Telenor Research & Innovation

Networking & Refreshments

After the session, we invite you to enjoy light refreshments and finger food in the foyer. This is a great opportunity to network in a relaxed and friendly atmosphere.

Tuesday, 20 May

Impact Workshop with Ard Innovation

Time: 10:00-12:00

Location: TF1-101, REALTEK Building

This workshop guides participants in identifying and effectively communicating the impact of their research. It focuses on key questions such as: "What problem does your research address?", "Who benefits from this solution?", and "What might a societal product derived from your findings look like?"

Presentation Techniques and AI in Research with the Writing Centre

Time: 12:00-14:00

Location: TF1-101, REALTEK Building

This session offers participants a comprehensive learning experience in two key areas:

Presentation Techniques: 12:00-13:00

Participants will gain valuable skills in creating captivating presentations. They will learn how to craft compelling content, engage their audience effectively, and deliver messages with confidence and clarity—whether presenting research findings or pitching new ideas.

Challenges and Opportunities with AI: 13:00-14:00

In this part, participants will explore the transformative potential of AI in their research. They will gain insights into both the challenges and opportunities AI presents, learning how to harness this powerful tool to enhance and elevate their academic work.

Budgeting and Financial Management

Time: 14:15-15:15

Location: TF1-101, REALTEK Building

This session offers PhD candidates essential insights into budgeting and financial management, focusing on the unique needs of researchers. Participants will learn how to effectively track and manage their time, grasp key financial concepts, and navigate the entire financial lifecycle of a research project. By developing practical skills in budgeting and finance, they will be better equipped to handle the financial aspects of their research career.

Wednesday, 21 May

Project Management

Time: 10:00-11:30

Location: TF1-101, REALTEK Building

Part 1: Introduction to Research Ethics

Time: 12:00-13:00

Location: TF1-101, REALTEK Building

Part 2: Ethical Research Competence for Professional Life

Time: 13:00-14:00

Location: TF1-101, REALTEK Building

Career Planning for PhD Candidates and Early-Career Researchers

Time: 14:00-16:00

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<p>This session provides participants with valuable insights into the planning, organization, and management of research projects. It helps ensure effective team development and a thorough understanding of project plans. Participants will learn how to prepare essential planning documents that are specifically tailored to their own research endeavors, equipping them with the skills to manage and execute their projects more efficiently.</p>	<p>This session offers participants a brief introduction to research ethics, focusing on key ethical principles and relevant guidelines and regulations at the national, international, and NMBU levels. As part of NMBU Next it aims to provide early career researchers with an overview of some main topics of research ethics, as well as regulations relevant to their current and future research activity.</p>	<p>This session offers participants the opportunity to explore key research ethics competencies that can enhance their appeal to future employers. It will provide insights into important know-hows gained as a researcher, which are also transferable to various career paths. Early-career researchers will receive tips and ideas on academic skills they may already possess, helping to strengthen their CVs and job applications, particularly in the context of the growing impact of generative AI.</p>	<p>Location: TF1-101, REALTEK Building</p> <p>This workshop provides PhD candidates and early-career researchers with essential tools for career planning, both within and beyond academia. Participants will identify their transferable skills, set achievable goals, and explore diverse career opportunities. Through interactive exercises, discussions, and expert guidance, attendees will develop a personalized action plan to navigate their professional future with confidence.</p>
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Thursday, 22 May

<p>Plan an Impact of Your Career with NMBU's Sustainability Hub Time: 09:00-11:00 Location: Ground Floor, Economy Building</p> <p>This session invites participants to begin crafting their personal impact plan to help navigate the challenges of a PhD journey. It's easy to feel overwhelmed by the endless papers, complex theories, and revisions, losing sight of the passion and purpose that motivated the pursuit of a PhD. In this workshop, you'll gain clarity on your broader mission and learn how to stay focused on your goals, even on the toughest days. NMBU's Sustainability Hub offers a supportive environment to help you shape a plan that will guide you through your research journey.</p>	<p>Navigating Your Academic Career Post-PhD Time: 11:30-13:00 Location: TF1-101, REALTEK Building</p> <p>This session offers participants guidance on preparing for a career in academia. Whether you're in the final stages of your PhD or have recently completed it, deciding on your next steps can feel challenging. In this session, we'll explore potential paths for advancing your academic career and discuss strategies for increasing your chances of securing a professorship.</p>	<p>Communicating Your Research Time: 13:00-15:00 Location: TF1-101, REALTEK Building</p> <p>This session focuses on communicating your research, providing an introduction to effective communication strategies. Participants will explore key approaches to presenting their research in a clear and engaging way, ensuring their message is accessible to a wider audience.</p>
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Friday, 23 May

<p>Closing of NMBU Next Career Week Time: 12:00-15:00 Location: Gullvepsen (Bikuben), Campus Ås Moderator: Hanne Mette Kristiansen, Vice President Investor relations, business development and collaboration, The Life Science Cluster Norway</p> <p>The final day of the career week is all about your career and professional network. Whether you're a PhD candidate or postdoc, this is a unique chance to explore career paths, connect with industry representatives, and gain insights from experienced professionals. Start the afternoon with an inspiring talk by Siri Fjellheim, Rector of NMBU, who will share her personal career journey from PhD candidate to academic leader. Following her talk, Syed Nuruddin, Senior Researcher & Preclinical Research Manager at the Norwegian Medical Cyclotron Center, and Linn W. Stockinger, Public Affairs Manager at GSK, will discuss their career paths outside academia and offer valuable insights on how to leverage PhD skills in the industry.</p> <p>After the inspiring talks, we invite you to network with industry professionals—an exceptional opportunity to explore career opportunities, share ideas, and build meaningful connections. Don't miss this chance to gain inspiration and build valuable connections!</p>
