

Internship gives students relevant work experience



Photos: NMBU, Håkon Sparre

A Guide to Internship

Internship courses at Faculty of Biosciences:

[BINT300 Internship Plant Sciences](#)

[BINT301 Internship Animal Science](#)

[BINT302 Internship Aquaculture](#)

[BINT303 Internship Feed Manufacturing Technology](#)

[BINT304 Internship Urban Agriculture](#)

[BINT305 Internship Biology](#)

[BINT306 Internship Agroecology](#)

For students: worth knowing about internship

What is an internship?

An internship is a limited period where you as a student get to work on a relevant issue at a company or a research facility. You get work experience, professional contacts, practical learning and important experience outside the university.

How do you do an internship?

You must find a relevant company and a supervisor at BIOVIT. You can get advice and tips from the course coordinator for the internship course or study advisors (contact info on page 4). During the work period in a company, you work a pre-agreed number of hours on an agreed project or issue, read relevant and agreed literature, and write a reflection report. After the end of the work period, the reflection report must be submitted for grading and presented to the supervisor and examiner (the contact person at the company).

The number of credits can vary, so you should also decide upon the scope of your internship.

- 125 hours corresponds to 5 credits
- 250 hours corresponds to 10 credits
- 375 hours corresponds to 15 credits

Roughly 2/3 of the hours will be spent at the company and 1/3 of the hours will be spent working on your reflection report (including reading the syllabus) and making your presentation.

Who can take an internship?

3rd year bachelor's and master's students at BIOVIT, who have a relevant background (contact the course coordinator or study advisor if you are unsure whether you have a relevant background).

Financial aspects

You do not receive a salary, but rather credits for your work in the company. The workload is adjusted according to the number of credits, which corresponds to the workload in other NMBU courses with the corresponding number of credits. In addition to credits, you get a unique work experience and contacts within the company.

Insurance

Internship is considered a practice and as such, you as a student are covered by the Occupational Injuries Insurance Act, read more here: <https://www.nmbu.no/en/insurance-students>

For more questions about insurance, contact the Student Information Center at sit@nmbu.no

When can you take an internship?

It is possible to take an internship in all teaching periods throughout the academic year. If the internship involves travel, it is often easiest to complete the internship during block periods or the summer vacation. You can choose to work intensively for a few weeks in a block period or work 1 day a week over a longer period. The student and the company in question agree when and how the work is to be carried out, and this is described in an agreement that all parties sign (the student, the academic supervisor, and the contact person in the company).

Steps to complete an internship:

1. Find a relevant workplace/company
2. Contact the workplace/company
3. Find an academic supervisor employed at BIOVIT
4. Fill out an agreement/contract with your academic supervisor at BIOVIT and the contact person at the company, where the expected learning goals and results are described
5. Submit the agreement/contract to one of the BIOVIT study advisors, who will register you for the relevant internship course (see front page for courses)
6. Make a proposal for relevant syllabus literature together with the academic supervisor
7. Carry out the internship in accordance with the agreement/contract, read the syllabus, and write a reflection report
8. Submit and present your reflection report the semester you are enrolled in the course

Do you have an idea that you want to discuss? Contact one of the BIOVIT study advisors!

For more information, see BIOVIT's internship website:

<https://www.nmbu.no/en/faculties/faculty-biosciences/internship-biovit>

For the company: worth knowing about internship

What is an internship?

An internship is a limited period in which a student at NMBU works at a company on an agreed and relevant issue or project.

What does the company get?

The company benefits from the student's commitment, manpower, knowledge and input, and gets to meet potential future employees.

What is required?

The student needs a contact person in the company during the agreed internship period. The contact person will, in collaboration with the student and their academic supervisor at NMBU, define the work tasks and goal of the internship. A contract must be drawn up between the company, NMBU and the student before the internship period starts. The agreement is sent to the study advisors at BIOVIT before confirmation is granted. If the stay in the company entails access to confidential information, a declaration of confidentiality should also be signed.

Financial aspects

The student receives credits in lieu of payment for the agreed working hours and workload of the internship. Many students also choose to combine internships with summer jobs. The company must pay for any necessary internal training. For companies with a location far away from the student's home and/or place of study, the company can also pay for accommodation and travel for the student if the work requires this during the agreed work period.

We want students for an internship, what do we do now?

Contact the course coordinator for the relevant internship course or the study advisors at BIOVIT (contact info on page 4), and they will attempt to put you in contact with students.

Contact info for course coordinators and study advisors

Study advisors

studieveileder-biovit@nmbu.no

Internship Plant Sciences

Siv Fagertun Remberg: siv.remberg@nmbu.no

Internship Animal Science

Rasmus Bovbjerg Jensen: rasmus.bovbjerg.jensen@nmbu.no

Internship Aquaculture

Turid Mørkøre: turid.morkore@nmbu.no

Internship Feed Manufacturing Technology

Egil Prestløkken: egil.prestlokken@nmbu.no

Internship Urban Agriculture

Siv Fagertun Remberg: siv.remberg@nmbu.no

Internship Biology

Simen Rød Sandve: simen.sandve@nmbu.no

Internship Agroecology

Anna Marie Nicolaysen: anna.marie.nicolaysen@nmbu.no

Reflection report template

The purpose of the reflection report is to describe, analyze and reflect on what you have learned from the practical work in the company with relevant literature based on the learning goals that were set in the agreement.

You are free to design and write the reflection report in the form and order you find most appropriate, but it is important that it contains a reflection on your own work. Below are some points that may be helpful when writing your report. The scope of the report for a 5-credit internship is approx. 6-10 pages.

First page

- Title
- Course code and course name
- Number of credits
- Student name
- Academic supervisor name
- Company name

Introduction

- Brief description of the company
- Working hours and period
- Your learning goals: what was the purpose of your internship?
 - To investigate a specific issue?
 - To get to know a special part of the production better?
 - To learn about a specific topic?
 - To run an experiment?
 - To collect data?
 - To participate in a project?etc.

Describe this, along with a theoretical background for the learning objectives and how these are to be achieved.

Theoretical background

A theoretical background must be included to support the theory behind what you will work with practically in the internship, with references to relevant literature.

Work practice

- Describe the work tasks and possibly link this to literature that can support the work tasks.
- Which parts of the production/company were covered/did you gain experience with?
- Further, put your work assignment(s) into a larger context and use relevant academic literature to discuss what you have worked on.

Reflection

- What was your own experience of your internship?
- Were the learning objectives achieved?
- What did you learn from the tasks you had in the company?
- Did you lack any knowledge before you started in the company?
- Did you use your education during the internship?
- What will your role in the company look like if you are going to work there?
- Have you learned new things you would not otherwise have learned if you had not taken the internship?
- Do you have thoughts about how things could have been done differently, and tips for others who may do an internship later in the same company?

Conclusion/summary

Conclusion/summary of the entire experience of doing your internship. Include a description of the purpose of your internship.

References

Present a bibliography with references.

For examiner / supervisor: Examination and presentation

Censorship is registered in Fagpersonweb. Log in here:

<https://fsweb.no/fagpersonweb/login.jsf?inst=fsnmbu>

Censorship deadline: 3 weeks for both the report and presentation after the last day of the teaching period which is stated in the agreement.

The "external examiner" is the contact person in the company. The student, academic supervisor and contact person in the company agree on a time within the examination deadline for presentation of the report, and the internal examiner and supervisor send the examination to NMBU as described above.

For questions about censorship, send an e-mail to eksamen-biovit@nmbu.no