



# Welcome to NMBU!



Congratulations on being accepted to the Norwegian University of Life Sciences! Starting this fall, you will be studying at the university in Norway where students are the most satisfied! It turns out that NMBU has scored highest in overall satisfaction every year since 2014. Now, you can really look forward to your daily life as a student with us!

At NMBU, all study programs are divided among seven different faculties, and you reading this belong to the [Faculty of Biosciences \(BIOVIT\)](#). Each faculty has buddy leaders who organize and plan the buddy week, and many buddies you will meet and get to know well. We hope you are excited to participate in this year's buddy week! And the best part – the buddy week is FREE and how much you want to participate is ENTIRELY up to you!

We look forward to seeing you!

## **Good to know!**

At NMBU, various social media platforms are used to convey information about student life in general. You can find a lot of information on NMBU's websites. Specific information about events during this year's buddy week is posted on both Facebook (Fadderuka BIOVIT 2024) and Instagram (fadderukabiovit). In addition, the buddy week has its official account (fadderukanmbu) where they share more information about the program for the entire university. Therefore, it may be beneficial to have a profile on Instagram and/or Facebook, or to be in good contact with others who do. Additionally, Facebook/Messenger is often used to keep in touch with fellow students, such as other buddy kids and your buddies, and for things like class chats or social unions.

## **Buddy week 2024**

Buddy week serves as an introduction to student life. The goal for the buddy week is to provide you with information about the university and student life, facilitate getting to know many new people, and give you the best possible welcome! During buddy week, you will be introduced to your classmates, other students who can share their experiences, NMBU's beautiful campus, Ås town center, unions and organizations, the Studentsamfunnet, and much more!

The buddy week for the entire university starts on Friday, August 9, and lasts until Sunday, August 25. Here at NMBU, we have chosen to have a longer buddy week for the students to have the opportunity to get to know each other well and do a lot of fun activities. At the same time, we spread it out a bit and allow for rest days. During buddy week, you will meet other buddy kids, buddies (volunteer students), buddy leaders (leaders for the buddy week at their faculty), and the buddy board led by the buddy general. Additionally, you will be introduced to various bodies and unions affiliated with NMBU and the Studentsamfunnet.

Buddy week is filled with many different activities and events. Some activities are only for students at BIOVIT, while other events are for several faculties or the entire university! We have tried to put together a buddy week where everyone can enjoy something they like, and where everyone's needs are met. This means there will be everything from relaxed events with some food and a pleasant atmosphere to events filled with activities and tasks to solve, as well as larger pre-parties and themed parties!

Your well-being and welfare are the highest priorities of buddy week. We want everyone to feel safe and valued. We have implemented several safety measures to avoid unfortunate incidents. Despite the extensive safety measures carefully put in place, the ultimate responsibility for your actions remains in your hands. If needed, there is a lot of good information and help available at [Sikresiden.no](http://Sikresiden.no).

### **What happens next?**

As a new student at NMBU, you will automatically become a buddy kid. You will be contacted by your buddy via email and/or phone. If you have not been contacted by a buddy by August 9, send an email to [fadderuka.biovit@nmbu.no](mailto:fadderuka.biovit@nmbu.no) or contact one of us buddy leaders (contact information is at the bottom of the document). You will share your buddy with several other students, and you and your buddy will belong to a buddy group. All buddy groups will have a shared chat where information will be provided and where you can ask questions about the buddy week or student life in general.

Orientation week begins on Friday, August 9, at 3:00 PM at the BIOVIT tent ([NIBIO-lawn](#)). After that, we will walk together to Auditorium Maximum ([Aud.Max.](#)) where we will meet at 5:00 PM. There you will receive practical information from the buddy general, and the program will last a maximum of 2 hours (including breaks). After you are finished, you will meet your buddies again, and there will be pizza and fun throughout the evening at the BIOVIT tent.

**If** you have any questions about the buddy week, please don't hesitate to contact us!

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We're so excited to see you august 9<sup>th</sup>!

Kind regards from the buddy leaders at BIOVIT



Anne Helene



Mathea



Tonje



Naturviterne

