









Welcome to NMBU!

First of all, congratulations on being accepted to the Norwegian University of Life Sciences! From this autumn on, you will attend the best and most beautiful university in Norway. We have been voted this on a national basis by people like you, students! NMBU has seven faculties, and you are affiliated with BIOVIT. We have a bunch of buddies ready to welcome you to your new campus and student life, and we are very much looking forward to meeting you for buddy week! It is free to participate in buddy week, and you decide yourself how much you want to attend; we hope you'll join us for the lot of it!

Good to know!

Facebook is a much-used platform at NMBU, especially as an information board for social events and messaging, as most Norwegians are not using *Whatsapp*. Having a *Facebook* account will make chatting with others attending buddy week easier, but this is your choice. Other apps that can make your life in Norway easier are *MazeMap* for locating the different rooms and auditoriums at campus, and *Ruter* or *Entur* for public transport. You can also follow the BIOVIT-buddy week at @fadderukabiovit to get a sneak peek on the coming events Other internationals at NMBU will be a great resource for getting accustomed to life in Norway, so don't be afraid to seek these out as most at NMBU love to help out!

Buddy week 2023

Buddy week is the introduction week to the university's social life, where buddy kids (that's you!), buddies, buddy leaders at the faculty (that's us) and the buddy general all participate to make the best possible welcome for new students at NMBU! Through buddy week you'll meet you classmates, the university campus, student life, the different societies and social groups, and our grand social arena, Studentsamfunnet. which is run by and for students!

Buddy week starts on Friday August 11th, and ends on Saturday August 26th (yeah, we know, its more than a week!). Throughout buddy week we'll host barbeques, parties, quizzes and more. In this period all seven faculties at NMBU will be holding their own events, and some for all of us together, so prepare for some sleepless nights and bring your earplugs!

Your safety and comfort are at our upmost concern during Buddy week. We want everyone to feel safe and comfortable, and have taken measures to avoid unwanted incidents. If you or someone you know are subject to an accident or another negative situation, you can access information and other resources at www.Sikresiden.no/en.











What's next

You as a new student to NMBU will automatically be registered as a buddy kid, and assigned a BIOVIT-buddy. Your buddy will contact you either through the phone or an email, with information on how things will be handled on your buddy group. If you have not been contacted by August 10th, please send an email to <u>fadderuka@nmbu.no</u> and CC-copy <u>fadderuka.biovit@nmbu.no</u>.

You'll share a buddy with other students from your study programme, and together with other buddies and buddy kids you'll make a buddy group. BIOVIT will probably have around six buddy groups in total, with a grand total of around 150-200 students participating in buddy week as either a buddy kid or a buddy. Your buddy is here to help you, so please feel free to ask them any burning question you might have. We've all been new at NMBU at some point, so we know how it feels. No questions are stupid, and we are here to help in whatever way we can-remember that!

Buddy week will officially start on August 11th. BIOVIT will have a meet-and-greet first, at our party tent which will be our main base throughout Buddy week. Your buddy will let you know where this is After that we'll walk to <u>Auditorium Maximum</u> (Aud. Max) for the Buddy week Kick-off, where the buddy general will hold a presentation of the upcoming weeks and give some practical information. When this is done, we'll head back to the party tent together for pizza and more mingling!

Program for Friday August 11th

3pm: Meet at the BIOVIT party tent by the NIBIO lawn.

5pm: Buddy Week Kick-off at AudMax 7pm: Pizzaparty at the BIOVIT party tent

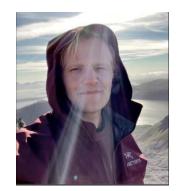
The programme for the rest of Buddy week will be announced later, and your buddy will give you information on things that could be smart to bring. Your buddies will also keep you up to date throughout buddy week and activities and events. BIOVIT-buddies will be dressed in orange t-shirts, so if you're lost- reach out!

If you have any questions before buddy week starts, please reach out to one of the two buddy leaders at BIOVIT: Øyvind Lund Lorentsen: +47 97412521 Mats Gjestvang: +47 97006254

Looking forward to meeting you on August 11th!



Oyvind Lund Lorentsen



Mats Gjestvang