









# Welcome to NMBU!

Firstly, congratulations on being accepted to the Norwegian University of Life Sciences! From this autumn, you will study at the best and most beautiful university in Norway. We've been voted both of those things on a national level by people like you, students!

NMBU has seven faculties, and you are affiliated with one of these along with your course of study. If you are reading this, you belong to the <u>Faculty of Landscape and Society (LANDSAM)!</u>

Buddies and Buddy Week leaders at LANDSAM look forward to meeting you and getting to know you. Buddies are student volunteers who have been waiting since spring to welcome you! Whilst the Buddy Board hope you will attend the entire Buddy Week, **Buddy Week is free, and it is completely voluntary how much you participate – you decide!** 

#### Good to know!

At NMBU, it is unfortunately Facebook that is used to publish and organize information about events for most social activities. There is **no requirement** to have a Facebook account when you come here, **it is your choice**. It will make things easier for you to have a Facebook account in place upon arrival at the University, but **it is your choice**.

Buddy Week NMBU will mainly use buddies, Instagram and Facebook to convey information to you.

## Buddy Week 2023

Buddy Week is the introductory week to the university. During Buddy Week, there are you, the new students (fadderbarn), buddies (volunteer students), buddy leaders (leaders of Buddy Week at each faculty) and the Buddy General (leader of Buddy Week). The goal of Buddy Week is to give you the best possible welcome! Through Buddy Week, you will be introduced to your classmates, the campus, student life, student associations, our Student Union and much more!

The Buddy Week for the entire university starts on Friday 11 August and lasts until Saturday 26 August. It might seem like a bit of a long "week", but we hope you'll enjoy it anyway! By attending Buddy Week, you get the chance to meet other students starting at the same time as you, and you will get to know the campus before starting your studies. You will also meet students from older cohorts. Not least, you will also get the opportunity to get to know our student associations, social associations, and much more.











During Buddy Week, there are a variety of activities designed to entertain, integrate and socialize everyone with everything! Some of the activities are locally organized for LANDSAM, but there are also joint activities and events where buddy groups from all over the university participate!

The events may vary, but there <u>will be non-alcoholic</u> activities and activities where it is permitted to bring alcohol. Buddy Week NMBU's Instagram account will publish the plan for August with activities from associations that offer additional activities to those organized by Buddy Week. Buddy Week LANDSAM also has its own Instagram account (@fadderukalandsam) where an activity plan for the faculty will be published. So, it's a good idea to go onto Instagram and follow both accounts as early as possible!

Your well-being and welfare is Buddy Week's highest priority. We want each individual to feel safe and valued. We have implemented several security measures to avoid unfortunate incidents. Despite the extensive security measures that have been carefully implemented, the ultimate responsibility for your actions still lies firmly in your hands. While it's highly unlikely that anything undesirable will happen, all the information you need will be available on the <u>Security Webpage</u>.

## What happens next?

So, as a new student here at NMBU, you will automatically become a 'buddy child'! You will be contacted by your buddy by either email, text, or telephone call. <u>If you have not been contacted by a buddy by 10 August, send an email to Fadderuka.landsam@nmbu.no.</u>

Email: remember to check your email for information.

You share your buddy with several students. You and your buddy belong to a buddy group. A buddy group consists of up to 4 buddies with their 'buddy kids' (including you). You and the rest of the buddy group will have a group chat in which all info will be provided. At this chat, you can ask questions about Buddy Week, your study program and student life in general.

<u>Buddy Week 2023 will start on Friday 11 August at 17:00.</u> Meet up in <u>Auditorium Maximum</u> (Aud.Max). Inside Aud.Max you will meet all new students admitted to NMBU.

You will receive practical information from the Buddy General via a presentation. The entire program will last a maximum of 2 hours (including breaks). When the introductory presentation is finished, you will be sent on to meet your buddy and your buddy group for a local program at your faculty.

#### **Buddy Week LANDSAM - Plan for 11 August:**

17:00 Intro seminar in Aud.Max











19:00 Dinner with your the buddy group: Buddies will prepare and serve dinner, and have their own program with their buddy group with getting-to-know-you activities

21:00 Getting-to-know party on the lawn behind the Clock Building

The program for the rest of Buddy Week will come in a separate document that will be sent to you by email, and posted in the group chat for your buddy group.

Your buddies will also keep you updated and remind you of activities along the way.

If you want to know more about everyday life at your faculty, you as a student have access to NMBU's intranet once you have activated your student account.

If you have any questions about Buddy Week, don't hesitate to contact your buddy leaders now:

Hermione Zachariassen Tenden: 911 82 251

Marie Linnea Carlstad: 940 52 191

Fredrik WesThagen Sandmo: 407 28 450

Dorisa Fucia: 463 75 422

We look forward to meeting you on 11 August!

Greetings from the buddies and buddy leader at LANDSAM

Hermione Tenden

Buddy Leader – Faculty of Landscape and Society (LANDSAM)











## Directions

## Walking or driving

<u>Driving or walking directions to campus</u> – direction to Aud.Max.

### **Train**

If you arrive by train, take the train to Ås Stasjon. In Ås, you can use <u>these directions</u> to find Aud.Max.

#### Bus

If you arrive by bus, get off at *Åsgård skole*, *Universitet i Ås* or *Ås stasjon*. *Åsgård skole* and *Universitet i Ås* are closest to Aud.Max. When you arrive in Ås, you can use <u>these directions</u> to find Aud.Max.